

BOROUGH OF **Tenafly** *Newsletter*

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Introducing Lissette Aportela, Tenafly Borough Administrator

It is truly a great honor to be Tenafly's new Borough Administrator. I have had the distinct pleasure of serving as the Borough Clerk for over 8 years and during that time, for a couple of years I had served as Deputy Emergency Management Coordinator and more recently as the Assistant Borough Administrator. My entire education and career has been tailored towards serving the public. From Kean University, I hold a BA in Political Science with a minor in Criminal Justice, a MPA, and one of the first Emergency Management Certifications issued in conjunction with the Department of Homeland Security. Of my 19 year public service career, I have served the past 14 years in municipal government. I will miss working with Jewel Thompson-Chin, who is a remarkable colleague and dear friend.

Tenafly is an exceptional community and I am grateful for the opportunity to continue giving back to the Borough. On a personal note, since day one, the Borough Hall staff, governing body members, professionals, and residents have been very welcoming to my children, Oscar (age 17), Hayden (age 12), and Evangeline (age 7). I did not want that important fact to go unnoticed. Lastly, as an individual of Puerto Rican and Cuban descent, I am happy that I start this new chapter in my career during Hispanic Heritage Month.

Introducing Parween Quraishi, Senior Services Coordinator

I was a resident of Tenafly for 30 years and my 3 children graduated from Tenafly High School. I worked for 10 years as a psychiatric social worker at New-bridge Medical Center, formerly Bergen Regional Medical Center, in the Behavioral Health Department.

I have experience in individual and group counseling sessions for anxiety and depression, grief and loss, interpersonal communication skills, coping skills, stress and anger management, crisis intervention and problem solving strategies, advocacy, developmental life stages, addictions, as well as Cognitive Behavior therapy. I have provided needs assessments and case managements with personalized goals to a diverse adult population and referrals to needed human and social services agencies.

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From the Desk of the Mayor...

Some very important “Thank You’s” are due after another very successful summer concert series. Ellie Sturrock of Zion Entertainment once again provided Tenafly with unbelievable talent for our Thursday concerts. The Clinton Inn provided us with a great rain venue even on very short notice, not that it rained very often this summer! And the support we received from our DPW and Police must be recognized. Finally all of our sponsors, who along with the Borough Council, provide us with the financial ability to have two great concerts every week all summer long. Thanks to all for another spectacular summer!

With the frequently wet weather and unanticipated manpower shortages we fell behind on some of our park maintenance this year. I wish to thank Magnolia Gardens for assisting the Borough in getting Froggy Park ready for the fall season. The Borough is always looking to partner with local businesses in an effort to make our town an even better place.

Our road paving program is almost complete for 2018. Piermont Road will soon be repaved, the holdup has been in obtaining approval from CSX, the owners of the rail line adjacent to the street. We thank you for your patience. Speaking for the members of the Borough Council and myself, we pledge to give a higher priority to road maintenance in the future.

Since our next newsletter will not come out until 2019, I traditionally have the pleasure of being the first to wish all of you a very Happy and Healthy Holiday season. Please join with us in celebrating the holidays. Many of our holiday events are also listed in this newsletter. Coming together as a community will make the holidays very special. Best wishes from my family to yours!

Peter S. Rustin, Mayor



**TENAFLY GREEN TEAM'S
COMMUNITY GARDEN**

Our two year old Community Garden has been such a wonderful success, we have been able to add a second garden, more than doubling the size.

Check us out on Facebook
or call: 201-568-6100.

2018 GENERAL ELECTION INFORMATION

This year's General Election will be held on November 6th for 2 Council seats. Polls are open from 6 a.m. to 8 p.m. To vote in this election, you must have been registered to vote by Tuesday, October 16, 2018.

The Borough Clerk's Office will be open until 9 pm on October 16th for Late Night Voter Registration.

Vote by Mail Ballots are obtained through the Bergen County Clerk's Office in Hackensack. To have a Vote by Mail Ballot mailed to you, you must submit a Vote by Mail Ballot Application by October 30th to the Bergen County Clerk. After October 30th, and until 3 p.m. on November 5, 2018, you may appear in person at the Bergen County Clerk's office and obtain and execute your Vote by Mail Ballot at that time. Call the County Clerk at 201-336-7020 for office hours. *Vote by Mail Ballot Applications* are available at the Tenafly Borough Clerk's office in Borough Hall.

Reminder: Once you have been issued a Vote by Mail Ballot, you can only vote via Vote by Mail Ballot at that election. All Ballots must be returned to the Bergen County Board of Elections by 8p.m. on Election night. The Tenafly Borough Clerk cannot accept Vote by Mail Ballots at her office.

Registered Tenafly voters will be receiving their sample ballots from the County Clerk's office within a few days of the election. In addition to the candidates running for office and public questions, the sample ballot also includes your Election District and address of your polling site.

TOWN WIDE SEMI-ANNUAL PAPER SHREDDING EVENT FOR TENAFLY RESIDENTS

Date: Saturday, October 6th, 2018

Time: 9:00am to 1:00pm

Location: Tenafly Recycling & Convenience Center

Details: On-site shredding and disposal of sensitive paper material, limited to four bags or boxes weighing no more than 10 pounds each, per resident.



Resident decal is required for use of Tenafly Recycling & Convenience Center

MUNICIPAL DIRECTORY

**POLICE, FIRE
AMBULANCE
EMERGENCIES**

9-1-1

Police Department

Non-Emergency

201-568-5100

Borough Hall

100 Riveredge Road

Main 201-568-6100

Mayor Ext. 5535

Administrator Ext. 5502

Assessor Ext. 5531

Clerk's Office Ext. 5544

Property Code Ext. 5506

Construction Ext. 5505

Fire Prevention Ext. 5566

Health Office Ext. 5511

Library Main Desk Ext. 5579

Planning Board Ext. 5502

Recreation Ext. 5515

Tax Office Ext. 5533

Violation Bureau Ext. 5540

Zoning Board Ext. 5454

**Public Works
107 Grove Street
201-568-4134**

**Recycling Center
153 Grove Street
201-541-7325**

**Senior Citizens Center
20 South Summit Street
201-569-2159**

**Youth Center
100 Riveredge Road
201-567-7579**

**Recreation Office
100 Riveredge Road
201-871-3008**

Introducing Parween Quraishi, Senior Services Coordinator—Continued from page 1

I have training for Seminars In Field Instruction (SIFI) for supervision of undergraduate and graduate social work students, and have supervised students from several universities in NY and NJ.

Please feel free to contact me to obtain information or assistance regarding various social services programs, I will help to connect you to the specific services that you require based on your individual needs. All information provided by you will be private and confidential, shared only with your consent for purposes of securing specified services for which you may be eligible.

I am available for walk ins, individual counseling by appointment, socialization and psychoeducational groups, and family meetings, in my office, as well as home visits at your request and convenience. I can be reached at 201-568-6100 x 5625 from 9.00 AM to 2.00 PM Monday to Thursday.

PLEASE CONSIDER: Proposal for a Buddy Program for Senior Residents
From: Parween Quraishi, Senior Services Coordinator

Elderly senior residents who live by themselves often have no emotional or psychosocial support. I have observed during my home visits that they are very lonely, isolated, and have no one to talk to or to even occasionally meet for social activities.

I would like to propose the development of a Buddy Program, where an active senior could become a buddy/friend for an elderly senior whose children have moved away and is living by herself/himself in isolation. The ‘Buddy’ senior, at his or her convenience could engage the isolated senior and make plans to meet a few times per month to socialize, go for a walk, or even go out for coffee. I feel that it would be a gratifying experience especially for those seniors who are interested in volunteering their time for a worthwhile cause.

If you are interested in signing up to participate in the proposed program, please contact me by e-mail at pquraishi@tenafly.net or call me at: 201-568-6100 ext. 5625.

I will follow-up with individual respondents and provide additional information to the community as the concept becomes further developed.

IN THIS EDITION: A SPECIAL SENIOR SERVICES INFORMATIONAL INSERT

**IMPORTANT
ANNOUNCEMENT**

Please see the Senior Services brochure contained in this edition of the newsletter which was made possible by the Tenafly Senior Services Committee with funding for printing and distribution provided by the Tenafly Mayor & Borough Council. The brochure can be removed as a stand-alone reference document for Tenafly residents and their family members.

Our goal is to increase the public’s knowledge and improve access to community services.

Gloria Layne, Senior Services Committee Chair

A MESSAGE FROM THE TENAFLY POLICE DEPARTMENT

STEPS TO REDUCING AUTOMOBILE BURGLARIES



The police department would like to advise residents of a recent increase in burglaries to automobiles in the Borough. A burglary to an automobile is when a vehicle is entered and items are taken from it. The vehicle is not stolen in these instances. In all of these cases the vehicles were left unlocked. Suspects who commit these crimes rarely break into a locked vehicle due to the noise that a car alarm or breaking window will create. They simply walk from driveway to driveway under the cover of darkness, and pull on car door handles until they find an unlocked one. Previous newsletters and newspaper articles advised residents of cars being stolen from the Borough because key fobs were being left in unlocked vehicles. While I'm pleased to report car thefts are currently down in the Borough, this new trend of thefts is on the rise. We would like to believe that the drop in auto thefts was the result of residents heeding the advice to remove their key fobs. We are now urging residents to perform the additional step of locking your vehicle immediately following the removal of your key fob.

The department would also like to take this opportunity to alert residents about some recent bicycle thefts. In the most recent case, a bicycle was stolen from a property in the Borough, and a lesser-valued bicycle that was stolen from another town was deposited in its place. Be mindful of these instances and secure your property accordingly.

Finally, and as always, please don't hesitate to call the department if you see something or someone who appears suspicious. We cannot overemphasize immediate reporting, since in the instances where the activity was criminal in nature, the delay in reporting prevented the police department from properly addressing the activity.

TENAFLY POLICE DEPARTMENT OVERVIEW

The Tenafly Police Department is located in the Municipal Center at 100 Riveredge Road in Tenafly, NJ. The Borough of Tenafly is served by a full-time professionally trained police department consisting of 34 sworn Police Officers, 4 civilian telecommunicators, an Administrative Assistant, and a Records Clerk. The Police Department is also responsible for overseeing and coordinating our 27 school crossing guards.

The Tenafly Police Department is comprised of a Patrol Division, Traffic Bureau, Detective Bureau, Juvenile Officer, and School Resource Officer. Please visit each division on our website to learn more about their functions and responsibilities.

The Department offers several special services for residents including: a Medicine Drop Box, Special Needs Registration, Emergency Contact Information, Home Security Surveys, Identi-Kid Program, Child Car Seat Installations, Public Speakers, Bicycle Registration, and Project Child Safe for gun ownership guidance.

MOSQUITO CONTROL TIPS

The Tenafly Board of Health and Mid Bergen Regional Health Commission share the following information regarding mosquitoes—prevention, protection and precaution. This information is intended for educational purposes only and is not intended to replace consultation with a health care professional.

MOSQUITO PROBLEMS

PREVENTION: WATER + 7 days = MOSQUITOES

LITTER FREE PROPERTY = LESS MOSQUITOES

PREVENT Mosquito breeding sites!

Empty and /or dispose of containers that can hold water, such as tires, buckets and flower pots.
Clean drains and gutters.

Keep swimming pools and ponds adequately treated with recommended products to eliminate breeding sites.

PROTECTION:

Repair and use screens on open windows.
Use an EPA registered insect repellent.
Wear long-sleeved clothing.

PRECAUTION:

Don't promote habitat!
Minimize exposure!

If bitten by a mosquito:

Wash bite with soap and water.
Apply calamine lotion to help minimize itching.
If you get sick after being bitten, and suspect a mosquito borne disease, call your doctor.
Tell your doctor where you have travelled.



SAVE THE DATE

Tenafly Annual Flu Vaccine Clinic

Friday, October 5, 2018

1:00 p.m. – 4:00 p.m.

Tenafly Municipal Center

McCandless Room

FIRE PREVENTION WEEK IS OCTOBER 7-13

National Fire Prevention Week is observed in the United States and Canada, during the week in which October 9 falls. In the United States, the first Presidential proclamation of Fire Prevention Week was made in 1925 by President Calvin Coolidge. The National Fire Protection Association continues to be the international sponsor of the week.

TENAFLY RECOGNIZES NATIONAL FIRE SAFETY MONTH IN OCTOBER WITH THESE SAFETY TIPS

Electrical malfunctions or misuse can cause fires in wiring, cords, lighting and any other type of equipment that uses electricity. Electrical failures or malfunctions are frequent factors in many residential fires. Follow this advice to help prevent electrical fires:

- Replace or repair damaged or loose electrical cords.
- Avoid running extension cords across doorways or under carpets.
- In homes with small children, make sure your home has tamper-resistant receptacles.
- Consider having additional circuits or outlets added by a qualified electrician so you do not have to use extension cords.
- Follow the manufacturer's instructions for plugging an appliance into a receptacle outlet.
- Avoid overloading outlets. Plug only one high-wattage appliance -- like space heaters, air conditioners and clothes dryers -- into each receptacle outlet at a time.
- If you have outlets or switches that feel warm, frequent problems with blowing fuses or tripping circuits, or flickering or dimming lights, call a qualified electrician.
- Place lamps on level surfaces, away from materials that can burn and use bulbs that match the lamp's recommended wattage.
- Make sure your home has ground fault circuit interrupters (GFCIs) in the kitchen, bathrooms, laundry, basement, and outdoor areas.

Fall and winter holidays are a time for families and friends to get together. But that also means a greater risk for fire. Following these safety tips will help to ensure a happy and fire-safe holiday season:

- **Maintain Your Holiday Lights.** Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.
- **Do Not Overload Electrical Outlets** Do not link more than three light strands, unless the directions on the package indicate it is safe to do so. Connect strings of lights to an extension cord before plugging the cord into the outlet. Make sure to periodically check the wires - they should not be warm to the touch.
- **Do Not Leave Holiday Lights on Unattended**
- If you use lit candles, make sure they are in stable holders and place them where they cannot be easily knocked down. Never leave the house with candles burning.
- Do not go near a Christmas tree with an open flame - candles, lighters or matches.

DPW RECYCLING CENTER UPCOMING HOLIDAY SCHEDULE FOR OFFICE CLOSURES

The Department of Public Works will be closed on the following holidays:

There will be **NO RESIDENTIAL** recycling pick-up on these dates:

- Columbus Day - Monday, October 8, 2018
- Veterans' Day - Monday, November 12, 2018 (observed)
- Thanksgiving - Thursday, November 22, 2018 and Friday, November 23, 2018
- Christmas Holiday - Monday, December 24, 2018 (Early Closing) Tuesday, December 25, 2018 Wednesday, December 26, 2018
- New Year's Eve - Monday, December 31, 2018 (Early Closing)
- New Year's Day - Tuesday, January 1, 2019

The Recycling Center will be closed on the following holidays:

There will be **NO RECYCLING DROP-OFF** on these dates:

- Columbus Day - Monday, October 8, 2018
- Veterans' Day - Monday, November 12, 2018 (observed)
- Thanksgiving - Thursday, November 22, 2018 and Friday, November 23, 2018
- Christmas Holiday - Monday, December 24, 2018 (Early Closing) Tuesday, December 25, 2018 Wednesday, December 26, 2018
- New Year's Eve - Monday, December 31, 2018 (Early Closing)
- New Year's Day - Tuesday, January 1, 2019

RESCHEDULED RESIDENTIAL RECYCLING PICK-UP In order to reduce the impact of missed holiday recycling services on residents, the make-up dates for recycling are below:

<u>Missed Recycling Date:</u>	<u>Zone/Recyclables:</u>	<u>New date for Pick-up</u>
Thurs. Nov. 22, 2018 -Thanksgiving	Zone 4 Commingled	Thurs. Nov. 29 th
Fri. Nov. 23, 2018 - After Thanksgiving	Zone 3 & 4 Paper	Mon. Nov. 26 th
Tues. Dec. 25, 2018 - Christmas	Zone 3 Commingled	Mon. Dec. 24 th
Weds. Dec. 26, 2018 - After Christmas	Zone 1 & 2 Paper	Sat. Dec. 29 th
Tues. Jan. 1, 2019 - New Year's Day	Zone 1 Commingled	Mon. Dec. 31 st

A REMINDER MESSAGE ABOUT RECYCLABLE MATERIALS

ONLY PLASTIC ITEMS MARKED #1, 2 OR 5 IN THE ARROW SYMBOL ARE RECYCLABLE:



NEVER INCLUDE IN RECYCLING:

NO plastic bags, NO styrofoam, NO syringes, NO packing material, NO plastic wrap, NO shrink wrap, NO pots/pans/cookware, NO utensils, NO metal or plastic hangers, NO light bulbs, NO soiled recyclables, NO ceramic plates/cups, NO paper packaging with plastic or foil.

THESE ITEMS SHOULD BE PLACED IN THE REGULAR TRASH:



TOWNWIDE LEAF COLLECTION



Townwide leaf collection begins October 15th and runs to December 1st. The Department of Public works only collects leaves and grass that are placed loosely at the curb. According to N.J. Stormwater Regulations, leaves must be placed at the curb no closer than ten (10) feet from a storm drain inlet. Do not cover storm drains. Please do not put brush, twigs, branches or any other foreign matter into these piles. It not only makes the job more difficult and dangerous, but also contributes to the breakdown of our leaf collection equipment. To enable equipment access to pick up the leaves, do not park on or close to leaf piles. If you choose to bag your leaves, they must be put into biodegradable paper bags only. Please call the DPW at 201-568-4134 to have the bags picked up.

Plastic bags will not be collected under any circumstances.

Branches and twigs must be separated from leaves. These are collected by Waste Industries on your regular garbage collection day. Branches, twigs and garden refuse should be placed in a reusable container (not larger than 30 gallon capacity) with lid at the curb for pickup. Branches must be no longer than 3 feet in length and should be tied in bundles or neatly stacked at the curb for pickup by Waste Industries on regular garbage collection days. For skipped garbage pickup, call Waste Industries at 201-567-3100.



SNOW REMOVAL

After leaf season, the main priority of the DPW is to keep borough streets clear of snow and ice. Residents can help by not throwing snow onto the streets. It is against Borough Code to shovel or plow snow onto the streets. The reason for this



prohibition is **safety** – as snow melts and refreezes it causes icy spots that can cause serious accidents.

Snow removal regulations (*Borough Ordinance 12-3*) require property owners and/or tenants to clear snow from sidewalks within 12 hours of daylight after snow has stopped, or within 8 hours of daylight after snow has stopped in business districts B1 and B2. If snow or ice is so frozen to the sidewalks as to make complete removal impractical, the ice or snow must be covered with sand or salt.

If a fire hydrant is located on your property, snow or ice must be removed within 24 hours in residential districts, or 8 hours in business districts. You can help protect lives, homes and businesses in an emergency by keeping these hydrants clear.

Residents are asked to instruct private contractors engaged in the snow plowing of their property to not push the snow into the street. It is unlawful for any owner, tenant or private contractor to throw, place or deposit snow or ice that has accumulated on private property, including private driveways, upon streets in the Borough. Violators of these regulations are subject to issuance of a summons and possible fine. We ask that you comply with these regulations for the safety of your family, friends and neighbors.

A VERY SPECIAL THANKS TO OUR CONTRIBUTORS!

Due to the generous support of the following contributors, Tenaflly's 2018 July 4th Fireworks and Summer Concert Series were a huge success!

Corporate Partners



Sponsors

Barrett Funeral Home • BMW of Tenaflly • Eifert, French Insurance
Englewood Cliffs Cadillac • Honda of Tenaflly
Lexus of Englewood • Maser Consulting, P.A. • Stop & Shop
Tenaflly Classic Diner • The Learning Experience-Tenaflly
The Stacy Esser Group/KW Town Life

Contributors

Brightview Tenaflly Assisted Living • Island Pool & Spa
La Promenade-Catering & Bakery • Mueller Law Group
• TPR Restaurant • Valley National Bank

Patrons

AXIA Taverna • Build Your Yogurt II • CareOne at Cresskill
The Community Chest • CourtSense at Tenaflly Racquet Club
Friedberg Properties & Associates • Kings Food Markets • Panda Travel
Teddy Tennis • Tenaflly Gourmet Farms • Tenaflly Pediatrics, P.A.

TENAFLY WELCOME! COMMITTEE



The Tenaflly Welcome! Committee is once again looking forward to our yearly welcome party for new residents of the past year. This year the date is October 9 in the McCandless Room at Borough Hall, 6:00 – 8:00 pm. It is a wonderful event with catered hors d'oeuvres, desserts, music, raffle prizes, gift bags, and balloon fun for the children. The Mayor and Council, school representatives and town officials will be there to greet our newest residents. It is a wonderful fun-filled evening for everyone! Look for your invitation in the mail.

We are also reminding you that the Tenaflly Welcome! book for new residents is online. Please go to the town website, tenaflynj.org, and click on New Residents. If more information is needed, please contact Roxana Surrey, chairperson at roxys@optonline.net. Our committee is multilingual so please don't hesitate to reach out to us.

This committee is always happy to have new members. Be a part of the fun we have and the gratification we receive when we help our new residents.

Welcome to Tenaflly! It's a great place to live!

Roxana Surrey, Chairperson

TENAFLY GARDEN CLUB

THE TENAFLY GARDEN CLUB INC. IS SPONSORING TWO UPCOMING PROGRAMS

OCTOBER 1, 2018

" A PASSION FOR ORCHIDS "

" GROWING ORCHIDS IN THE HOME AND GARDEN "

Speaker: Kim Feddersen

NOVEMBER 5, 2018

"CARE AND CULTURE OF AFRICAN VIOLETS"

Speaker: Sharon Lynch



**THE PUBLIC IS INVITED
FOR MORE INFORMATION
CALL: 201-568-8254**

**THE TENAFLY GARDEN CLUB INC. meets in DAVIS JOHNSON PARK AND GARDENS
LOCATED AT ENGLE STREET & WESTERVELT AVENUE**

Exhibits
Edna Kawulitzki Gallery

Sep/Oct
Judy Manton

Nov/Dec
Brian Degnon

LIBRARY HOURS

Monday 10-9
Tuesday 10-9
Wednesday 10-5
Thursday 10-9
Friday 10-5
Saturday 10-5
Sunday 12-4

HOLIDAY CLOSINGS

Columbus Day
Monday, Oct. 8

Veterans' Day
Monday, Nov. 12

Thanksgiving
Thursday, Nov. 22
Friday, Nov. 23

Christmas Eve
Monday, Dec. 24
Close at 1 p.m.

Christmas
Tuesday, Dec. 25

New Year's Eve
Monday, Dec. 31
Close at 1 p.m.

New Year's Day
Tuesday, Jan. 1

Martin Luther King Day
Monday, Jan. 21

201-568-8680
tenafly.bccls.org



THE TENAFLY LIBRARY FRIENDS PRESENT THE MANHATTAN SHORT FILM FESTIVAL

Friends Room
Sunday, September 30 at 12:30 PM
Wednesday, October 3 at 2:00 PM
Thursday, October 4 at 7:00 PM



Join film lovers around the world as they gather in cinemas, universities and libraries to view and vote on the short films in the 21st Annual MANHATTAN SHORT Film Festival. All finalists are eligible to enter the 2019 Oscar competition. The same films will be repeated at all times listed above. The MANHATTAN SHORT Film Festival will take place in various cities from September 27 to October 7, 2018. Films are for adults.

THE TENAFLY LIBRARY FRIENDS SUNDAY CONCERT SERIES IS BACK!

Visit tenaflylibrary.org/calendar or stop by the library for the complete concert schedule.

DOCTOR DUBIOUS AND THE AGNOSTICS: NEW YORK CITY JAZZ

Edna Kawulitzki Art Gallery

Sunday, November 4 at 2:00 PM followed by

The Apple Cider Social for Friends in the McCandless Room at 3:00 PM

The Apple Cider Social is an event to thank current members and sign up new ones. Join the Friends and help the Library provide concerts, museum passes, summer reading prizes, delivery to home-bound patrons, and more! Email: tenaflylibraryfriends@gmail.com.

FRED ASTAIRE, AN AMERICAN ICON

Friends Room: Thursday, October 25 at 7:00 PM

Learn about the legendary Astaire's life and work with illustration and film footage. Marty Schneit traces Astaire's seventy year performing career, which began in 1905, when at the age of five, he debuted in vaudeville with his older sister Adele.

MAYORS WELLNESS CAMPAIGN AT THE TENAFLY PUBLIC LIBRARY

In conjunction with the community wide effort led by Mayor Peter Rustin, the Tenafly Public Library invites residents to explore ways to improve their quality of life.

VISITING NURSE PROGRAM

Friends Room: Join Christy Varrato, RN, BSN, CNOR of Hackensack UMC for tips on how to improve your health.

Monday, October 15 at 10:00 AM—Flu Clinic: Get your flu shot at the library!

Monday, November 19 at 10:00 AM

Monday, December 17 at 10:00 AM

PROGRAMS FOR TEENS AND CHILDREN

There are many more! Visit tenaflylibrary.org/calendar to find and register for more programs.

TEEN BOOK CLUB AND AUTHOR TALK (AGES 12 - 18)

Friends Room

Thursday, October 18 at 4:00 PM

Come to the library to pick up *Dread Nation* and then discuss the novel with its author, Justina Ireland, via Skype.

BILINGUAL STORYTIMES (AGE 2+)

Children's Room

Tuesdays, October 16, November 20, and December 18 at 7:00 PM - Chinese/English

Fridays, October 19, November 16, and December 21 at 2:00 PM - Spanish/English



TENAFLY Nature Center

313 Hudson Ave., Tenafly
201-568-6093
TenaflyNC.org



Apple Cider Making Sundays in October 12:30, 2:00 & 3:30

Experience the taste of fresh, crisp apple cider! Participants will use an apple press to help make cider and learn about the history of apple cultivation and cider making.

Register:

TenaflyNC.org/AppleCiderMaking

October

- 6: Wilderness Survival Workshop
- 13: Seasonal Scavenger Hunt
- 20: Nature Story Time
- 20: The Great Pumpkin Carving
- 26: Full Moon Hike
- 27: Haunted Forest

November

- 4: Brew in the Woods
- 8: Autumn Break Camp
- 9: Autumn Break Camp
- 13: Seasonal Scavenger Hunt
- 13: Nature Story Time
- 18: 5K Turkey Trail
- 23: Full Moon hike

December

- 1: Seasonal Trail Cleanup
- 2: Guided Nature Walk
- 8: Seasonal Scavenger Hunt
- 15: Nature Story Time
- 23: Full Moon Hike
- 26: Winter Break Camp
- 27: Winter Break Camp
- 28: Winter Break Camp

For More Programs Visit:

TenaflyNC.org/Seasonal-Programs

Haunted Forest

Saturday, October 27

Tours depart every 15 minutes
between 4:00 - 6:30 pm

Arrive early or come after dark and meet several live nocturnal animals on a sensory safari along our trails. Learn about animal senses and then test your own sensory skills. Tenafly Nature Center Environmental Educators will guide small groups along the nature center trails. Designed to be entertaining and educational, tours take 1.5 hours. After which participants can enjoy refreshments and crafts around the campfire.



Space is limited and pre-registration is highly recommended:

TenaflyNC.org/Haunted-Forest

- Members \$11/Non-members \$16 Children under 2 FREE
 - Walk-ins will be accepted as space allows, but cannot be guaranteed a tour.
 - Group rates available: Family or Scout groups can register in advance to reserve a tour time together at a discounted rate. Call to learn more.
- All ages welcome. No strollers please. Children must be accompanied by adult.

School Break Camps

Autumn & Winter



When school is out, kids can keep learning and have fun too! Children will explore Tenafly Nature Center woods and trails,



make crafts, share stories and play games while learning about the environment.

Thursday November 9 & Friday November 10

Autumn-themed activities include eating s'mores around the campfire, making fresh apple cider and more.

Wednesday, December 26 - Friday, December 28

Winter-themed activities include searching for animal tracks, eating s'mores around the campfire and more.

Don't let your child miss out on fun, hands-on nature experiences, outdoor discovery, and the chance to explore our native hardwood forest and pond ecosystems.

For more info visit:

TenaflyNC.org/Vacation-Day-Camps



**Tenafly Senior Center - Leisure and Learning for Individuals 55 and Over
20 South Summit Street, Tenafly, NJ**

Call or stop by for more information on our ongoing classes including:

Art: Beginner / Intermediate / Advance Drawing

Beginner / Intermediate / Advance Watercolor

Dance: Line Dancing, Beginner and Advance Tap, Folk Dancing

Language: Beginner / Intermediate / Advanced Italian, Beginner Chinese

Beginner / Intermediate / Advanced Spanish

Card Games: Bridge, Hand & Foot Canasta, Mahjong-Chinese and American

Exercise: Exercise w/ Susan, Osteoporosis Exercise, Brain & Body, Stretch & Tone, Zumba Gold, Tai Chi, Qi Gong,

Balance Class, Standing Pilates, Delay the Disease Exercise for Parkinson's, Holistic Yoga, Chair Yoga

Highlighted Events for October through January - Please call the Center for details at 201-569-2159

OCTOBER 2018



Acupuncture Presentation - Thursday, October 4 at 2 PM

Trip to the 9-11 Museum* - Friday, October 5

Osteoarthritis & Pain Management - Friday, October 5 at 2 PM

Center Closed—Columbus Day - Monday, October 8

Chronic Illness 6 Week Workshop* - Tuesday, October 9 through November 13 at 1 PM To 3 PM

CBD-Healthy Not High Presentation - Wednesday, October 10 at 1:30 PM

Trip to Hotel Fauchere Day Getaway With Tour of Grey Tower In Milford, Pa.* - Thursday, October 11

Shake Your Soul Yoga Workshop* - Thursday, October 11 at 1 PM

Virtual Safari with Judy Manton - Friday, October 12 at 2 PM

Child Break For Seniors- Thursday, October 18 at 1:30 PM

Peripheral Neuropathy - Friday, October 19 at 2 PM

Halloween Cookie Decorating Workshop* - Wednesday, October 19 at 1:30 PM

Luncheon & Presentation: Living Safely at Home Sponsored By Seniors In Place - Tuesday, October 23 at 12 PM

October Monthly Luncheon* - Thursday, October 25 at 12:30 PM

Always New: The Face of NJ - Friday, October 26 at 2 PM

The Importance of Fall Prevention Presentation by The Spine & Health Center of Closter - Tuesday, October 30 at 2 PM

NOVEMBER 2018

Brain Health Presentation & Survey - Thursday, November 1 at 2 PM

Bereavement & Grief - Tuesday, November 2 at 1:00 PM

Update On JFK Presentation - Friday, November 2 at 2 PM

AARP Safe Driving Course* - Monday, November 5 From 9 Am To 4 PM - No Classes on This Date!!

Mediation Workshop with Mark Van Buren*-Wednesday, November 7 at 1 PM

Thanksgiving Cookie Decorating Workshop* - Thursday, November 8 at 1:30 PM

Mental Health in Seniors - Thursday, November 8 at 2 PM

TSC 3rd Annual "Salute To Our Local Veterans": Luncheon With Entertainment* - Friday November 9 at 12:30 PM

Veterans Day—Center Closed Monday, November 12

Country & Western Themed November Monthly Luncheon* - Thursday, November 15 at 12:30 PM

Update on Medicare & Medicaid - Friday, November 16 at 2 PM

NOVEMBER 2018—Cont'd.

Thanksgiving Holiday Observance - Center Closed
Thursday, November 22 And Friday November, 23
TSC 2nd Annual Holiday Vendor Fair - Monday, November 26 From 9 Am To 3 PM—No Classes Today!
Prearranging Your Funeral - Thursday, November 29 at 1 PM
What Can Bergen County Do For You? - Friday, November 30 at 2 PM

DECEMBER 2018

Line Dance Holiday Party* - Monday, December 3 at 1 PM - No Afternoon Classes
Gingerbread House Building Workshop* - Tuesday, December 4 at 1:30 PM
The Russian Revolution and Civil War Presentation By TSC Member Dr. Josef Machac - Thursday, December 6 at 2 PM
Trip to Caramoor – Afternoon Holiday Tea Musicale* - Friday, December 7
Holiday Pizza Party & Holiday Movie “It’s A Wonderful Life”* - Tuesday, December 11 at 12:30 PM - No Afternoon Classes
What’s Wrong With My Foot? Presentation: Sponsored By NJ Foot & Ankle Center - Wednesday, December 12th at 1 PM
December Holiday Luncheon* - Thursday, December 13 at 12:30 PM
Holiday Cookie Decorating Workshop* - Friday, December 14 at 1:30 PM
Bergen County Blue Chip Chorus Holiday Performance - Thursday, December 20 at 1:30 PM
Karaoke, Cookies & Cocoa* - Friday, December 21 at 2 PM

JANUARY 2019

Center Closed - Happy New Year! - Tuesday, January 1st
Momma Mia & Momma Mia Here We Go Again Movie Marathon with Greek Themed Lunch* - Thursday, January 10 at 12:30 PM
January Monthly Luncheon* - January 17 at 12:30 PM
“A Virtual Stroll through The Cloisters” Presentation By Michael Norris
Friday, January 18th at 2 PM
Center Closed – Martin Luther King Day - Monday, January 21
Basic Car Care with Becca - Thursday, January 24 at 1:30 PM
“All About Astrology” Presentation - Friday, January 25 at 2 PM

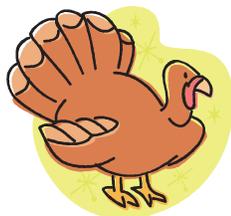


*** DENOTES PRE-REGISTRATION IS REQUIRED**

CALENDAR IS SUBJECT TO CHANGE

CHECK WITH CENTER DURING INCLEMENT WEATHER

SEASON'S GREETINGS AND HAPPY HOLIDAYS!



**BOROUGH OF
TENAFLY**
Mayor
Peter Rustin

Council Members
Anthony Barzelatto
Max Basch
Lauren Dayton
Jeffrey Grossman
Shama Haider
Daniel Park

STANDARD MAIL
POSTAGE PAID
PERMIT #500
PARAMUS, NJ 07652
CART SORT

ECRWSS

**POSTAL CUSTOMER
LOCAL**
TENAFLY, NJ 07670



SAVE THE DATES FOR THESE SPECIAL TENAFLY HOLIDAY EVENTS!

- ◆ **December 3 Menorah Lighting in Huyler Park at 7:00 PM**
- ◆ **December 6 Holiday Parade in Downtown/Huyler Park at 6:00 PM**
- ◆ **December 8 Holiday Desserts Competition in the McCandless Room at 1:00 PM ***
- ◆ **December 19 Townwide Visit with Santa in the McCandless Room at 3:30 PM ***

***Municipal Complex located at 100 Riveredge Road**