



**JUNIOR  
TIGER**  
2025-2026

# WRESTLING

**GRADES 4TH-8TH BOYS & GIRLS**

**CLINICS**

**TUESDAYS**

**November 18th-February 24th**

**PRACTICES 7:15PM-8:45PM (AUX GYM)**

**MONDAYS & THURSDAYS**

**NOVEMBER 17th-FEBRUARY 26th**

**MATCHES**

**HELD ON WEEKENDS**

**JANUARY & FEBRUARY 2026**

*\*districts start March 1st\**

**\$300 PER  
WRESTLER**

**REGISTER ONLINE NOW!**

More info available on [tenaflynj.gov](http://tenaflynj.gov)



[HTTP://REGISTER.COMMUNITYPASS.NET/TENAFLY](http://register.communitypass.net/tenafly)